



SCENTS OF SERENITY

organic luxury | pure tranquility™

MISSION

organic luxury • pure tranquility™

Our mission at Scents of Serenity was created based upon one simple principle: offer our guests the purest luxury spa services and organic products in the most unique and tranquil environment. To carry our mission forth, we have carefully hand-selected each product line, making sure they are free of parabens, animal by-products, propylene glycol, sodium lauryl sulfates, harmful colorants and fragrances, mineral oils, petroleum and other harsh cosmetic chemicals. None of our products are ever tested on animals. From the scents that fill the air, to the products we use in all of our extraordinary services, our clients can trust that we have their best interest in mind and rest assured that we offer only the purest, natural and organic spa treatments available.

MEMBERSHIPS

Member ≈ Non Member

The Exclusive Organic Experience | \$99 monthly

The Exclusive Organic Experience is a monthly membership designed to offer flexibility as well as access to special perks for those who are dedicated to self-care for the body + mind + soul. We believe our guests deserve the absolute best and we are excited to offer a special organic spa experience where luxury and wellness are combined, giving you the very best results.

MEMBERSHIP BENEFITS

- \$99 may be applied to monthly services or products
- 20% off all services
- 10% off all products
- May be used at any Scents of Serenity location



MASSAGE

SERENITY MASSAGE

💧 60 min \$96 | 90 min \$144 | 120 min \$192
≈ 60 min \$120 | 90 min \$180 | 120 min \$240

Relax and unwind with our traditional Swedish massage. Warm, organic massage gel is applied while muscles are massaged with long, fluid strokes for improved circulation and pain relief. Seasonal aromatherapy blends are diffused through the air to increase an overall sense of well-being and weighted, unscented eye pillows are used to soften tension and deepen your sensory experience. You are sure to leave feeling relaxed and rejuvenated.

• **Enhance your massage with soothing hot stones for the back (15 min) - \$35**

CBD MASSAGE

💧 60 min \$132 | 90 min \$180 | 120 min \$228
≈ 60 min \$165 | 90 min \$225 | 120 min \$285

CBD is a Cannabis-derived compound with anti-inflammatory properties that has been shown to have a positive effect on pain and anxiety. CBD does not contain THC and is non-intoxicating. Our CBD massage oil combines the perfect blend of skin conditioning oils, essential oils and 99.7% pure CBD isolate extracted from industrial hemp, working together to alleviate muscle pain and soreness, muscle spasms, joint pain, nerve pain, inflammation, and anxiety. This massage will leave you feeling incredibly relaxed.

• **Enhance your service with a CBD Bath (45 min) - \$85**

💧 Member ≈ Non Member

THERAPEUTIC MASSAGE

💧 60 min \$112 | 90 min \$168 | 120 min \$224
≈ 60 min \$140 | 90 min \$210 | 120 min \$280

Slow, focused pressure is used throughout your massage to work deeper layers of the muscles. Whether you suffer from chronic pain, are an athlete training for a marathon or triathlon, or have experienced an injury that needs more focused attention, our therapeutic massages are customized to meet your specific needs. Various modalities such as trigger point therapy and NMT provide relief from chronic tension and pain and may be targeted to specific areas such as the upper body or may include a full body massage.

• **Enhance your massage with a Pain Relief Sauna Session (30 min) - \$35**

DEEP BLUE DEEP TISSUE MASSAGE

💧 60 min \$132 | 90 min \$188 | 120 min \$244
≈ 60 min \$165 | 90 min \$235 | 120 min \$305

This healing, deep tissue massage incorporates our certified pure, therapeutic grade essential oils, and is perfect for one who holds tension or pain in the body. The patented Deep Blue blend combines calming and inflammation reducing essential oils (blue tansy, camphor, peppermint, wintergreen, ylang ylang, blue chamomile, and helichrysum) to provide the ultimate in relief by easing achy joints and muscles instantaneously.

• **Enhance your massage with a Soothing Bamboo Back Massage (15 min) - \$35**

CUPPING MASSAGE

💧 60 min \$112 | 90 min \$168
≈ 60 min \$140 | 90 min \$210

Cupping is an ancient healing art from Eastern tradition that alleviates pain and discomfort by drawing toxins to the surface which is eventually eliminated through the lymphatic system. This therapy also reduces inflammation and softens adhesions, scar tissue, and cellulite. Skin elasticity is improved, and joints move more freely. Cupping is helpful for cases of arthritis, asthma, tight muscles, trigger points, G.I. disorders, fatigue, poor circulation, chronic pain, plantar fasciitis, cellulite, scar tissue, and so much more.

*Any redness or marks left on the skin post-treatment should fade within a week or two as toxins are eliminated from the tissue.

💧 Member ≈ Non Member

Member ≈ Non Member

SOOTHING BAMBOO MASSAGE

90 min \$168 | ≈90 min \$210

Using the powerful energetic properties of heated bamboo, this deeply relaxing massage relieves tension in the body with its broad, soothing strokes – and allows for deep release, leaving you feeling balanced and grounded. This exclusive and incredibly healing massage incorporates VOYA Angelicus Serratus (seaweed) oil, considered the “Angel’s Kiss of the Ocean,” which deeply detoxifies, increases circulation, and supports skin rejuvenation and renewal. This incredible oil, along with our Balance aromatherapy blend, contributes to the ultimate mental, physical, and spiritual wellness.

• **Enhance your massage with a CBD Scalp Massage (15 min) - \$45**

HEALING HERBAL COMPRESS MASSAGE

90 min \$168 | ≈90 min \$210

A magical gift for the senses! Warm, organic herb & seaweed compresses are gently massaged into the body, releasing precious seaweed oils and herbal compounds into the skin and underlying muscle tissue. The penetrating heat provides deep relaxation, while the healing properties of seaweed, ginger, clove, and orange soothe aches and pains. This full body treatment is the ultimate indulgence.

• **Enhance your service with a Lazy Days Seaweed Bath (45 min) - \$85**



Member ≈ Non Member

FLOWER ESSENCE MASSAGE

60 min \$116 | 90 min \$164 | 120 min \$212

≈60 min \$145 | 90 min \$205 | 120 min \$265

Different from aromatherapy and essential oils, flower essences are like collecting the mind or consciousness of the plant. We begin this service by presenting you with seven special flower cards to choose from. The flower essence blend used during your service will be selected based on the flower to which you are most attracted! The energetic imprint of the flower essence mist and massage oil used throughout your service travels through the acupuncture meridians (like an acupuncture treatment without the needles) to enhance your experience. This truly unique experience allows you to connect with your mind, body, and spirit!

• **Enhance your service with a Flower Essence Bath (45 min) - \$85**

SEVEN BLENDS AVAILABLE:

- **Joy Juice:** Laughter, joy, fun, free + easy going feeling
- **Infinite Love:** Attract love, enhance charm + magnetism, take breaks of self-care
- **Radiant Energy:** Vitality, presence, radiance + re-charge the body's energy after electronics/travel
- **Inspired Action:** Focus, motivation, creativity, thinking outside the box, get-it-done attitude
- **Quiet Mind:** Relaxed muscles, meditative mind, deep sleep
- **Inner Peace:** Calm, confidence + feeling like nothing can move you from your center
- **Game Changer:** Effortless, simplicity and light-hearted action, that feeling you get when your to-do list is done and everything is so much easier than you thought!

organic
blends

Member ≈ Non Member

SERENITY SIGNATURE MASSAGE

90 min \$188 | 120 min \$236

≈ 90 min \$235 | 120 min \$295

Your journey to serenity begins with the healing power of organic aromatherapy oils diffused in the air. Dry brushing is applied to the body for gentle exfoliation and lymph flow. Your massage is enhanced with a soothing blend of organic stonecrop lotion and apricot oil, leaving your skin hydrated and smooth. Heated towels are slowly compressed on the body throughout the massage, penetrating deep into the muscles, to induce ultimate relaxation. Finally, volcanic hot stones are massaged into the back to melt all your tension away. Serenity Now!

HEADACHE & SINUS RELIEF TREATMENT

30 min | 60 min ≈ \$75

Created with the sinus and headache sufferer in mind! Using soothing essential oils, combined with cold stone massage therapy, this treatment offers tension relief, and is designed to help reduce stress related headaches as well as sinus relief. Using trigger point therapy and essential oils, airways are opened, and facial and neck muscles are relaxed. It's the perfect addition to any massage service.

HOT STONE MASSAGE

90 min \$168 | 120 min \$224

≈ 90 min \$210 | 120 min \$280

Soothing, heated, volcanic stones create the sensation of warmth and comfort as they are gently, but deeply, massaged into the body with our hydrating and nourishing Eminence Organic Apricot Oil. This incredibly relaxing massage will melt all your stress and tension away.





💧 Member ≈ Non Member

PRENATAL MASSAGE

💧 60 min \$96 | 90 min \$144
≈ 60 min \$120 | 90 min \$180

Specifically designed to nurture those who are expecting. This soothing prenatal massage is performed while the recipient reclines in a side-lying position. Comfort and relaxation are experienced while areas of tension and discomfort are addressed and relieved. Soothing Swedish massage techniques are used during this blissful treatment for the ultimate relaxation.

• Enhance your massage with a nourishing stretch mark reducing body oil and belly cream designed specifically for the mom-to-be - \$35

VAGUS NERVE MEDITATIVE MASSAGE

💧 90 min \$172 | ≈ 90 min \$215

The Vagus Nerve is the longest cranial nerve in the body—reaching from the brain to the belly. It helps regulate stress, rest and digestion. This unique massage experience was created to activate the parasympathetic nervous system and the calming effects of the Vagus Nerve. Steaming aromatic compresses, gentle neck and body massage strokes, cranial holds and a soothing essential oil blend invite an uplifting, meditative state of consciousness. The precious essence of juniper, chamomile, lavender and jojoba works to mitigate feelings of stress, while stimulating positivity and wellbeing in the mind and body.

• Enhance your massage with Relaxation Sauna Session (30 min) - \$35

COUPLE'S MASSAGE

All our massage services may be enjoyed together. A couple's service is the perfect retreat for you and that special someone. Not just for the romantics however, this pampering experience is perfect for pairs of all kinds, mothers and daughters, sisters, or even best friends. Our beautifully decorated rooms will make you feel as though you have left Richmond and entered a world of pure bliss.

MASSAGE ENHANCEMENTS

WARM ORGANIC APRICOT OIL | 💧\$12 | ≈\$15

Add this ultra-hydrating and nourishing body oil to any massage.

HAND AND FOOT HYDRATION | 💧\$16 | ≈\$20

Experience intense hydration of both hands and feet with this exquisite treatment.

CBD OIL | 💧\$36 | ≈\$45

Organic CBD oil is used throughout the entire massage.

CBD SCALP MASSAGE | 15 min | 💧\$36 | ≈\$45

Scalp is massaged using an organic CBD scalp serum.

DRY BRUSHING + HYDRATING OIL | 15 min | 💧\$36 | ≈\$45

This exfoliating treatment increases circulation and lymphatic flow and includes a luxurious organic massage oil made of stone crop, arnica, and rosehip oil.

LUXURIOUS HAND TREATMENT | 15 min | 💧\$32 | ≈\$40

An exfoliating sugar scrub, hot towels, and intense hydration are included in this hand-softening treatment.

LUXURIOUS FOOT TREATMENT | 15 min | 💧\$32 | ≈\$40

An exfoliating sugar scrub, hot towels, and intense hydration are included in this foot-pampering treatment.

LUXURIOUS BACK TREATMENT | 15 min | 💧\$32 | ≈\$40

An exfoliating sugar scrub, hot towels, and intense hydration are included in this amazing treatment for the back.

SOOTHING BAMBOO BACK MASSAGE

15 min | 💧\$28 | ≈\$35

Add the powerful, energetic properties of heated bamboo and enhance your massage with additional tension relief in the back, leaving your entire body completely relaxed.

HOT STONES | 15 min | 💧\$28 | ≈\$35

Add heated volcanic stones to any massage, to soothe muscle tension in the back to melt all your stress away.

COLD STONE HEADACHE THERAPY | 15 min | 💧\$28 | ≈\$35

Lavender and peppermint essential oils are combined with cold stone therapy for tension headache relief – while pressure points on the face, temples, and neck are massaged using cold marble stones.

WILD GIGARTINA HAIR MASK | 15 min | 💧\$44 | ≈\$55

A warm, nutrient-rich organic seaweed infusion is slowly poured along the hairline and massaged into the scalp with a nourishing dose of açai and passion fruit oils. These oils are rich in hair-loving omega fatty acids and are blended with aromatherapeutic essential oils of cypress, lime and grapefruit.

WELCOME FOOT RITUAL | 15 min | 💧\$36 | ≈\$45

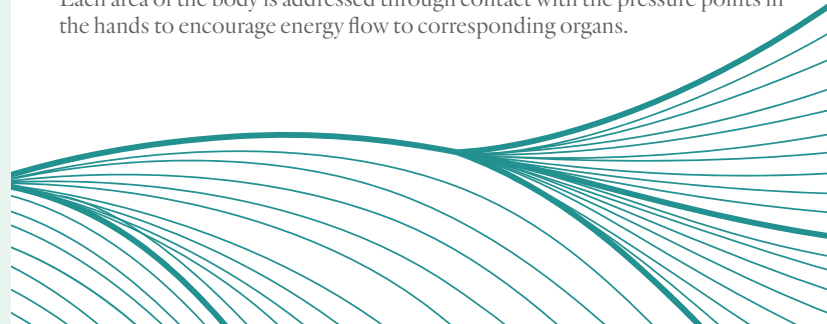
A grounding and purifying ritual to instill relaxation and inner calm while being gently introduced to your therapist's healing touch. The feet are warmed, cleansed, and nourished, while pressure points that correspond to a full body relaxation response are gently massaged.

FOOT REFLEXOLOGY | 15 min | 💧\$28 | ≈\$35

Each area of the body is addressed through contact with the pressure points in the feet to encourage energy flow to corresponding organs.

HAND REFLEXOLOGY | 15 min | 💧\$28 | ≈\$35

Each area of the body is addressed through contact with the pressure points in the hands to encourage energy flow to corresponding organs.



FACIALS

💧 Member ≈ Non Member

CUSTOMIZED EUROPEAN FACIAL | 60 min | 💧 \$100 | ≈ \$125

Relax and soak in the healing properties of nature's most potent organic ingredients as they work in harmony to gently exfoliate and feed your skin the nutrients it needs. Hungarian massage techniques calm your mind as organic botanicals calm your senses. Uncover a pure, glowing complexion as your skin is nourished with the perfect gifts from Mother Nature, specially chosen for your skin type.

• **Enhance your facial with an Organic Corrective Peel - \$40**

AGELESS BEAUTY FACIAL | 60 min | 💧 \$132 | ≈ \$165

Embark on an age corrective journey as you indulge in the exotic aromas of neroli and monoi, resulting in naturally-ageless perfection. We choose the Corrective Exfoliation Treatment best suited for you, resurfacing the skin and delivering a youthful, glowing appearance. Experience immediate and lasting anti-aging results from the quadruple combination of proprietary ingredients found in Eminence Organics Natural Retinol Alternative, PhytoCellTec Swiss Green Apple Stem Cell Technology, plant-derived hyaluronic acid and an antioxidant booster. Collagen production is boosted, smoothing out fine lines and wrinkles, leaving skin looking plump while revealing a new level of luminosity to your skin. (Suitable for all skin types, except acneic).

• **Enhance your treatment with a Face-Lifting Massage Treatment - \$35**

VITAMIN C RADIANCE FACIAL | 60 min | 💧 \$120 | ≈ \$150

Awaken radiant skin with this beautiful plant-based, vitamin C-rich facial. Whether sun damage has taken its toll or you simply want to brighten your complexion naturally, this restorative facial delivers a radiant all-over glow. Gentle resurfacing whisks away dry, damaged skin and a customized mask targets dark spots and promotes healthy skin regeneration.

• **Enhance your facial with dermaplaning - \$40**

SCULPT AND LIFT GUA SHA FACIAL | 75 min | 💧 \$148 | ≈ \$185

We are proud to share the ancient tradition of Gua Sha in this powerfully effective sculpting facial. This 700+ year practice has roots in traditional Chinese medicine. Each of our Master Estheticians have been trained extensively in Gua Sha, facial acupressure as well as lymphatic drainage and will incorporate these techniques into this treatment to lift and tone the skin, leaving you with a beautiful, vibrant glow.

**We do not recommend this service for those with acne or active breakouts. Not recommended if you have had recent botox or fillers. Extractions are not incorporated into this facial.*

SENSITIVE SKIN FACIAL | 60 min | 💧 \$100 | ≈ \$125

This beautifully soothing facial nurtures even the most sensitive and rosacea prone skin, offering relief from discomfort associated with these challenges. Using healing and calming ingredients known for their anti-inflammatory properties such as chamomile, calendula, arnica, marigold, horse chestnut, and rosemary, redness is dramatically reduced and irritation is soothed, leaving skin calm, hydrated and naturally beautiful.

• **Enhance your treatment with a Neck + Décolleté Facial - \$55**

DERMAPLANING BRIGHTENING FACIAL

60 min | 💧 \$132 | ≈ \$165

Dermaplaning is an excellent exfoliation treatment for those who are unable to receive microdermabrasion due to rosacea, sensitive skin or couperose (tiny blood vessels near the skin's surface). This highly effective treatment removes the outermost layer of dead skin cells, as well as the layer of vellus hair, that is often the cause for dirt and oil build-up. Brightening organic ingredients, including a mild brightening peel, leave your skin with a luminous glow.

• **Enhance your facial with an Organic Corrective Peel - \$40**

FACIAL + MICRODERMABRASION | 75 min | 💧 \$160 | ≈ \$200

Our organic microdermabrasion offers a safe approach to deeply exfoliating the skin treatment. Dead skin cells are removed, fine lines and wrinkles are reduced and uneven, rough and sun-damaged skin is rejuvenated. High purity, sodium bicarbonate crystals are used, making it the safest microdermabrasion treatment available. Your skin will be left feeling smooth, nourished and radiant.

• **Enhance your facial with Ultra Firm Restorative Eye Treatment - \$35**



ACNE FACIAL | 75 min | 💧 \$144 | ≈ \$180

This facial is excellent for those with more than just slightly blemished skin. Treatment focuses on exfoliation, extractions, and Blue LED Light to kill the P. acne (Propionibacterium acne) on the skin. Purifying and calming ingredients such as tea tree, white willow bark, marigold, and cucumber are incorporated to help kill bacteria – as well as to cool and soothe inflamed skin.

• **Enhance your treatment with a clearing 15% Salicylic Acid Peel - \$40**

SERENITY SIGNATURE FACIAL | 75 min | 💧 \$160 | ≈ \$200

Consider this our “Organic Couture” facial! This luxurious treatment includes all of the essentials in our Customized European Facial, plus divine extras to take your skin from fabulous to “absolutely fabulous!” Includes Corrective Exfoliation Treatment + UltraFirm Restorative Eye Treatment.

• **Enhance your treatment with a Neck & Décolleté Facial - \$55**

MINI FACIAL | 30 min | 💧 \$60 | ≈ \$75

Short on time? Our express facial will give you a quick boost, leaving you with a glow in no time. Includes cleansing, toning, exfoliation, masque, steam, serum, moisturizer, and eye and lip cream. This rejuvenating facial will leave you with beautiful skin “to-go!”

• **Enhance your facial with an Organic Corrective Peel - \$40**

BACK FACIAL | 45 min | 💧 \$100 | ≈ \$125

The perfect way to have those hard to reach places on your back completely cleansed and deeply exfoliated. Treatment includes relaxing skin-softening steam, cleansing, exfoliation, extractions, a re-balancing masque, serum, and moisturizer.

• **Enhance your service with a clearing 15% Salicylic Acid Peel - \$55**

SKINCARE CONSULTATION | 30 min | 💧 \$40 | ≈ \$50

This 30-minute skincare consultation includes an in depth look at your skin by one of our highly skilled Master Estheticians along with service and product recommendations, including at-home skin care tips. Purchase \$150 of products or more of the recommended products and your consultation fee will be applied to your purchase.

FACIAL ENHANCEMENTS

*Please note, all enhancement services can only be scheduled when adding to a service. They cannot be scheduled by themselves.

- Microdermabrasion | 💧 \$68 | ≈ \$85
- Red or Blue LED (face) | 💧 \$44 | ≈ \$55
- Neck & Décolleté Facial | 💧 \$44 | ≈ \$55
- Advanced Organic Corrective Peel | 💧 \$44 | ≈ \$55
(double layer exfoliation)
- High Frequency Scalp Treatment | 💧 \$36 | ≈ \$45
nourish hair follicles for healthier hair growth
- Organic Corrective Peel | 💧 \$32 | ≈ \$40
(single layer exfoliation)
- Dermaplaning | 💧 \$32 | ≈ \$40
- UltraFirm Restorative Eye Treatment | 💧 \$28 | ≈ \$35
- UltraFirm Face Lifting Treatment | 💧 \$28 | ≈ \$35
- Eye & Lip Treatment | 💧 \$20 | ≈ \$25
- A Touch of Gua Sha | 💧 \$16 | ≈ \$20
(allows you to experience service on a specific area you would like to work on, but does not include the full treatment that is received in the 75-min Gua Sha facial.)
- Hot Stone Facial Massage | 💧 \$16 | ≈ \$20
- Vitamin C Treatment | 💧 \$16 | ≈ \$20

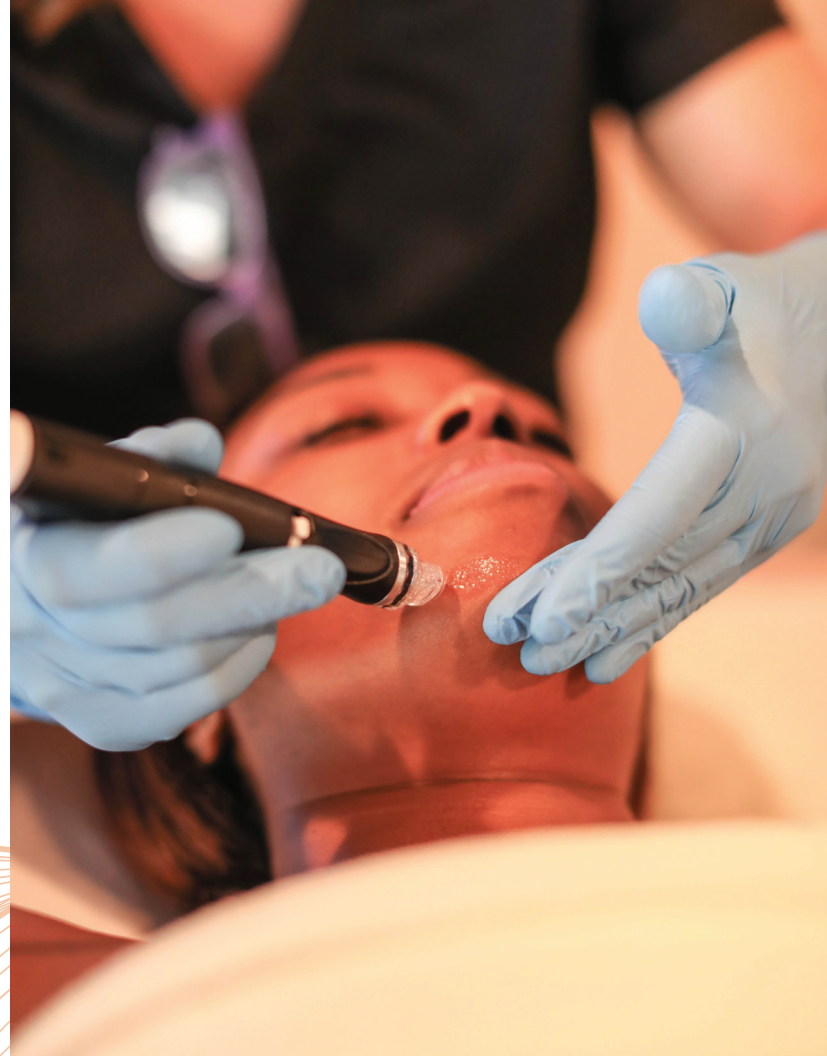
HYDRAFACIALS

THE ULTIMATE ORGANIC HYDRAFACIAL

90 min | 💧\$356 | ≈\$445

The crème de la crème of our advanced facial services. This treatment will have you glowing and in pure bliss. The Ultimate Organic HydraFacial experience combines the benefits of HydraFacial with the tranquility of a spa facial. Our treatment begins by gently detoxifying with lymphatic drainage. Then, you will receive deep cleansing, exfoliation, extractions, and hydration for the face, neck, and décolleté, while incorporating an organic mask and EU certified booster serum designed to target your specific skin concerns. This treatment includes LED Light Therapy to further reduce the visible signs of aging and boost collagen production. An Eminence Organic serum and UltraLift products are applied and massaged into fine lines, creating a firming and lifting effect. The treatment is finished with a sunscreen to protect your fresh, dewy glow.

- Cleanse
- Lymphatic Drainage
- Hydradermabrasion Exfoliation
- Neck and Décolleté included
- Enzyme or Glycolic Peel
- Vortex Extractions
- Mask
- Neck and Shoulder Massage
- Hand and Arm Massage
- EU Certified Booster Serum
- Nourishing Antioxidants
- LED
- Eminence Organic Serum
- Eminence Organic Firming Finishing Products
- Eminence Organic Sunscreen



Member ≈ Non Member

THE LUMINOUS HYDRAFACIAL | 60 min | \$280 | ≈ \$350

This 60-minute HydraFacial is perfect for someone who wants all the results HydraFacial has to offer for the face. The detoxification process begins with lymphatic drainage, then, the Luminous HydraFacial deeply cleanses, exfoliates, extracts, and hydrates the skin while incorporating an EU certified booster serum designed to target your specific skin concerns. This treatment concludes with LED Light Therapy and an infusion of antioxidants to further reduce the visible signs of aging and a sunscreen application.

- Cleanse
- Lymphatic Drainage
- Hydradermabrasion Exfoliation
- Enzyme or Glycolic Peel
- Vortex Extractions
- EU Certified Booster Serum
- Nourishing Antioxidants
- LED
- Eminence Organic Serum
- Eminence Organic Sunscreen

THE RADIANCE FACIAL | 45 min | \$232 | ≈ \$290

A quick 45-minute service to give you a deep cleanse, exfoliation, and hydration when time is limited. This invigorating treatment includes deep cleansing, exfoliation, and extracting impurities from the skin while simultaneously infusing organic ingredients to nourish and hydrate. The Luminous HydraFacial also includes an EU certified booster serum to address your specific skin concerns and LED Light Therapy to further reduce visible signs and aging. The treatment is finished with an organic sunscreen application.

- Cleanse
- Hydradermabrasion Exfoliation
- Enzyme or Glycolic Peel
- Vortex Extractions
- EU Certified Booster Serum
- Nourishing Antioxidants
- LED
- Eminence Organic Serum
- Eminence Organic Sunscreen



Member ≈ Non Member

ORGANIC BODY SCRUBS + BODY WRAPS

EMINENCE ORGANIC BODY SCRUBS

45 min | 💧\$96 | ≈\$120

Indulge your senses and treat your body to a completely rejuvenating experience with our deeply exfoliating Eminence Organic Body Scrubs! Packed full of antioxidants and nourishing ingredients, skin tone is left smooth and even. All body scrubs include the sugar scrub of your choice, plus a hydrating organic soufflé. Choose from: Coconut Sugar Scrub, Cranberry Sugar Scrub or Stone Crop Scrub.

• **Enhance your body scrub with a 60-minute Serenity Massage - \$120**

EMINENCE ORGANIC BODY WRAPS

All body wraps include an organic sugar scrub exfoliation, followed by the application of a nutrient and antioxidant-rich combination of organic fruits and herbs. The body is then cocooned in a heated wrap allowing for deep penetration of products.

CHOCOLATE TRUFFLE BODY WRAP

75 min | 💧\$148 | ≈\$185

A wrap so decadent that it's almost sinful! Following an exfoliating and hydrating antioxidant-rich sugar scrub, the combination of cocoa, macadamia oil, and almond oil will make your body silky-smooth, nourished and completely hydrated. It's a guilt-free, decadent dessert for your entire body!

• **Enhance your wrap with a 90-minute Hot Stone Massage - \$210**

HUNGARIAN HERBAL MUD TREATMENT

75 min | 💧\$148 | ≈\$185

This combination of world famous, mineral-rich Hungarian thermal mud and stimulating cinnamon are combined to detoxify the body. To begin, your body is dry-brushed to increase lymphatic flow and circulation. You are then wrapped in Hungarian herbal mud to encourage the release of toxins. Finishing touch includes a hydrating, organic body lotion, leaving your skin soft and smooth.

• **Enhance your wrap with a Warm Spiced Mud Bath - \$85**

Member ≈ Non Member

MANGO ENZYME BODY WRAP | 75 min | 💧\$148 | ≈\$185

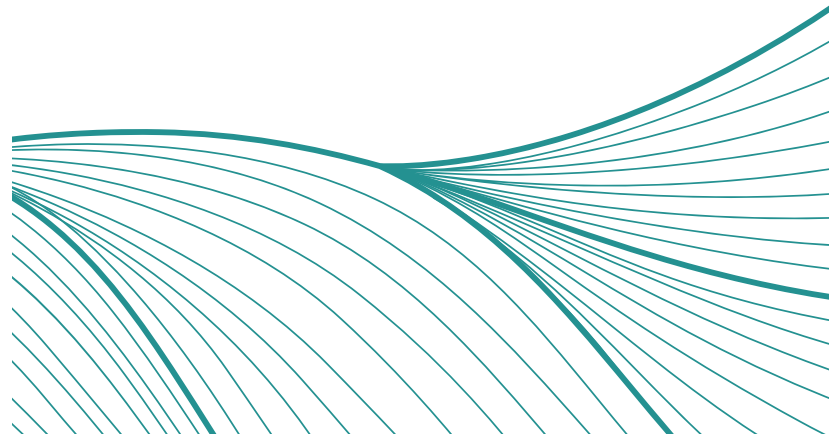
Escape to a tropical paradise! This amazing treatment begins with fresh organic fruit acids from mango and pineapple that gently exfoliate, dissolving dead skin cells and naturally unclogging pores, while supplying vitamins A, C and E to the skin. This allows your skin to drink in the vitamin-rich moisture of our honeydew body lotion. You will feel refreshed, hydrated and nourished, body and soul.

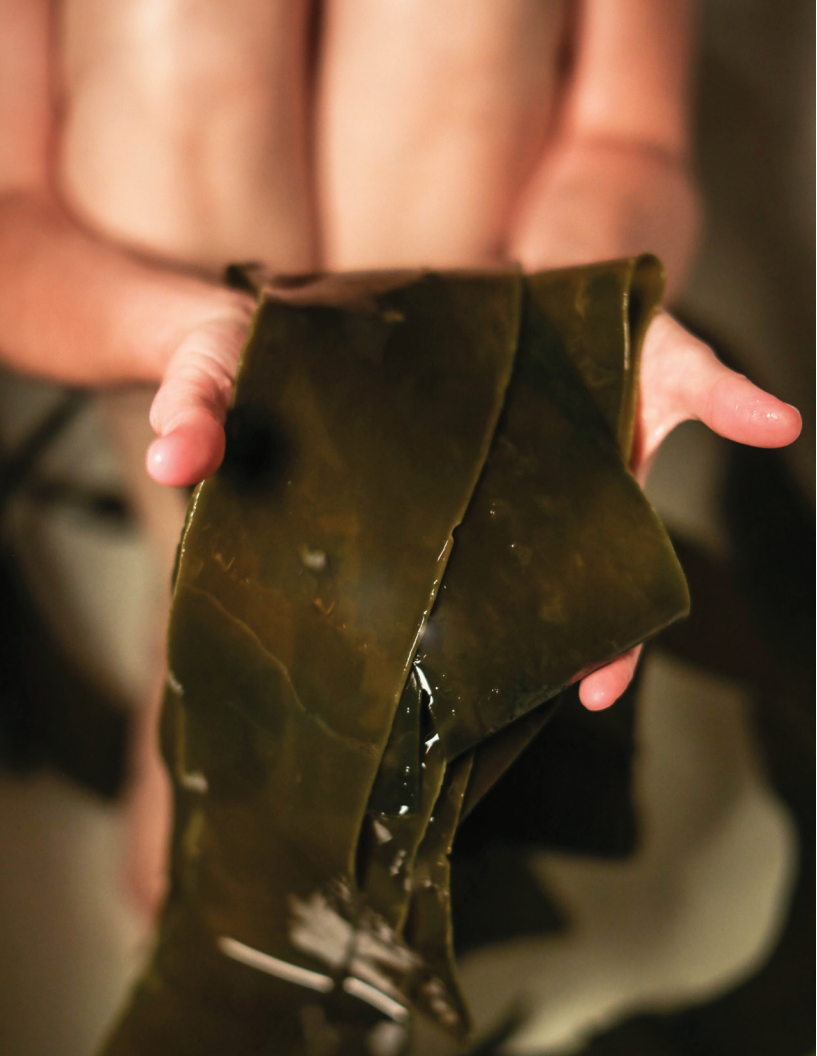
• **Enhance your wrap with a Vitamin C Radiance Facial - \$150**

STONE CROP BODY WRAP | 75 min | 💧\$148 | ≈\$185

Skin is polished with the hydrating qualities of sugar and the invigorating benefits of salt in this ultra hydrating treatment. This resurfacing body treatment is infused with comforting stone crop, aloe and antioxidant-rich lemon peel to brighten and soothe skin from head to toe. The appearance of cellulite is reduced as we seal in moisture and focus on problem areas with an organic contouring cream. Active ingredients smooth and firm the skin leaving your skin soft and supple. This treatment is definitely a client favorite!

• **Enhance your wrap with a 90-minute Soothing Bamboo Massage - \$210**





ORGANIC SEAWEED BODY TREATMENTS

Seaweed is nature's most powerful antioxidant from the marine world. It fights against harmful environmental aggressors, thus slowing down the signs of aging. Seaweed strengthens the immune system and helps with the prevention of acute illness. Seaweed-based treatments can deeply detoxify, hydrate and nourish the skin, hair and body. Seaweed naturally cleanses and purifies the skin, helping to improve suppleness and elasticity. We use wild seaweed that is sustainably hand harvested from the cleanest and most sustainable waters in the world and are formulated to deeply nourish your skin and aid its natural ability to heal and repair.

HEALING COCOON | 90 min | 💧 \$156 | ≈ \$195

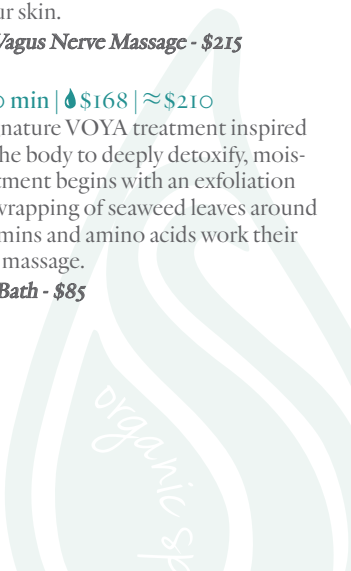
A sea salt and botanical body scrub increases circulation, softens and exfoliates dull skin to prepare it for envelopment in a decadent marine body mask. This age-defying blend is infused with algae, white tea, copper and zinc peptides to plump, firm, tone and deeply moisturize your skin.

• ***Enhance your body wrap with a 90-minute Vagus Nerve Massage - \$215***

OCEAN SEAWEED LEAF WRAP | 90 min | 💧 \$168 | ≈ \$210

This crème de la crème of body wraps is a signature VOYA treatment inspired by the sea. Fresh leaves of seaweed cocoon the body to deeply detoxify, moisturize, soften, and revive the body. This treatment begins with an exfoliation using finely ground seaweed, followed by a wrapping of seaweed leaves around the body. While the seaweed's minerals, vitamins and amino acids work their magic, you will be treated to a relaxing scalp massage.

• ***Enhance your service a Lazy Days Seaweed Bath - \$85***



LUXURY BATHS

Exclusively available at our Short Pump or Midlothian locations.

LAZY DAYS SEAWEED SOAK | 45 min | 💧\$68 | ≈\$85

Submerge your body into a bath of organic, hand-harvested Atlantic seaweed to remove unwanted toxins and alleviate aches and pains. This bathing ritual is the purest of all organic treatments. Lazy Days utilizes the natural power of organic seaweed to deeply moisturize the skin, increase circulation and promote healing internally and externally.

SOAK AND SURRENDER | 45 min | 💧\$68 | ≈\$85

Soak away stress and unwind in a purifying sea bath with an organic blend of wild seaweed, gigitartina, plumeria and lavender. This restorative bath is loaded with essential vitamins and minerals, healing nutrients and essential fatty acids that support your skin's natural regeneration processes and stimulates cell renewal. Infused with the soothing scent of lavender, this foaming and fizzing bath blend is a beautiful treat for the senses.

ORGANIC WARM SPICED MUD BATH | 45 min | 💧\$68 | ≈\$85

Infused with organic seaweed extracts, our anti-oxidant and mineral-rich peat bath and its purifying elements are encapsulated in a warm spiced mud to offer a potent detoxification experience. Our Warm Spiced Mud Bath offers many amazing benefits to include, reducing the appearance of cellulite, soothing sore muscular aches, pain relief, stress and fatigue reduction all while energizing the mind and soul.

FLOWER ESSENCE BATH | 45 min | 💧\$68 | ≈\$85

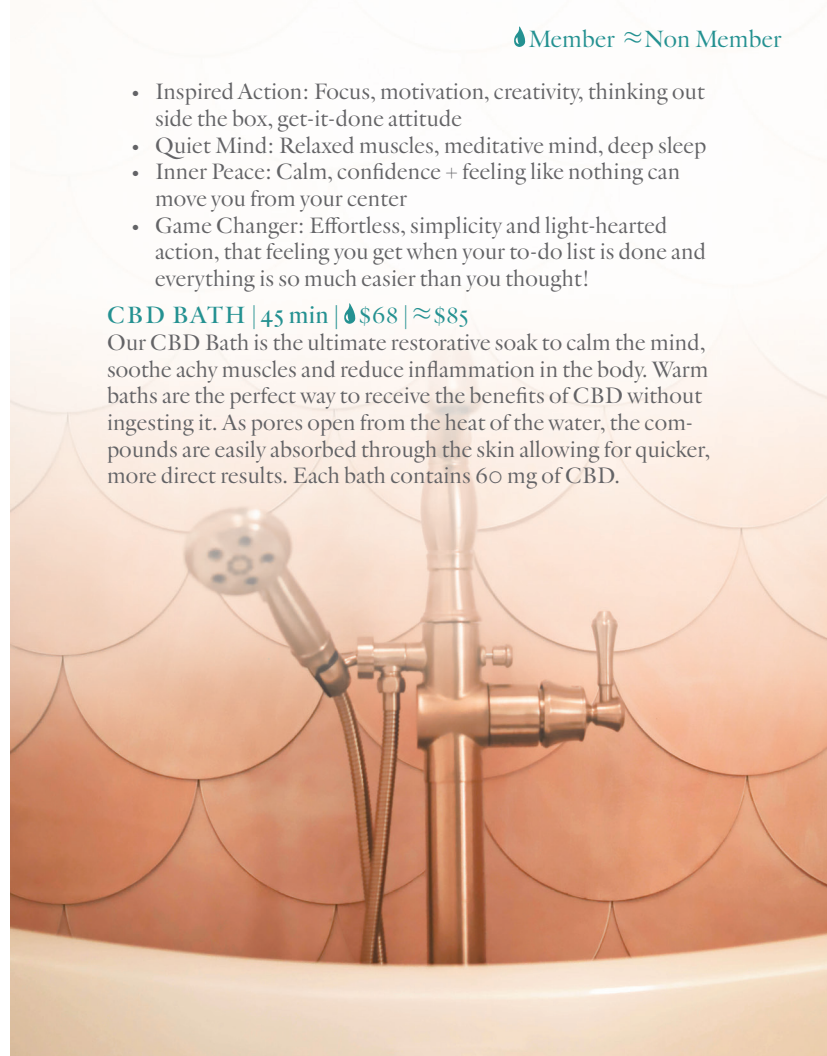
Soak in botanical bliss with our flower essence bath! Flower essences nurture us on an energetic level, bringing us into balance-mind, body, and spirit. Begin your service by choosing one of our seven flower essence baths and then soak in a soothing blend of sea salt and flower elixirs with luxurious essential oils to magnify peace, love, and positive energy.

- Joy Juice: Laughter, joy, fun, free + easy going feeling
- Infinite Love: Attract love, enhance charm + magnetism, take breaks of self-care
- Radiant Energy: Vitality, presence, radiance + re-charge the body's energy after electronics/travel

- Inspired Action: Focus, motivation, creativity, thinking outside the box, get-it-done attitude
- Quiet Mind: Relaxed muscles, meditative mind, deep sleep
- Inner Peace: Calm, confidence + feeling like nothing can move you from your center
- Game Changer: Effortless, simplicity and light-hearted action, that feeling you get when your to-do list is done and everything is so much easier than you thought!

CBD BATH | 45 min | 💧\$68 | ≈\$85

Our CBD Bath is the ultimate restorative soak to calm the mind, soothe achy muscles and reduce inflammation in the body. Warm baths are the perfect way to receive the benefits of CBD without ingesting it. As pores open from the heat of the water, the compounds are easily absorbed through the skin allowing for quicker, more direct results. Each bath contains 60 mg of CBD.



Member ≈ Non Member

INFRARED SAUNA

Available at our Richmond, Midlothian and Short Pump locations.

MEMBER (relaxation)

20 min \$20 | 30 min \$28 | 40 min \$36

≈NON MEMBER (relaxation)

20 min \$25 | 30 min \$35 | 40 min \$45

MEMBER (pain relief, anti-aging, weight loss)

1 session \$28 | 6 sessions \$140 | 12 sessions \$280

≈NON MEMBER (pain relief, anti-aging, weight loss)

1 session \$35 | 6 sessions \$180 | 12 sessions \$300

MEMBER (detox)

1 session \$32 | 6 sessions \$160 | 12 sessions \$320

≈NON MEMBER (detox)

1 session \$40 | 6 sessions \$210 | 12 sessions \$360

MEMBER (cardio)

1 session \$40 | 6 sessions \$200 | 12 sessions \$400

≈NON MEMBER (cardio)

1 session \$50 | 6 sessions \$270 | 12 sessions \$480



Member ≈ Non Member

SPA PACKAGES

PURE TRANQUILITY | 5 hours | 💧 \$544 | ≈ \$599

**Exclusively available at our Short Pump or Midlothian locations.*

Experience pure tranquility with our most luxurious spa package! Your escape begins with a relaxing Soak and Surrender Bath, preparing the mind, body and spirit for a tranquil journey into relaxation. Your body is then deeply exfoliated and hydrated during our Healing Cocoon Body Wrap, filled with botanical ingredients leaving your body nourished and silky smooth. Your treatment continues as you experience the meditative and calming effects of the Vagus Nerve Massage, incorporating steamed aromatic compresses and gentle neck and body massage strokes. Finally your skin will be left smoother, lifted and glowing after our Sculpt and Lift GuaSha Facial concludes this 5-hour heavenly, head-to-toe treatment.

**Please note, this spa package incorporates seaweed ingredients.*

This 5-hour spa packages includes:

- Soak and Surrender Bath
- Wild Gigartina Hair Mask
- Healing Cocoon Body Wrap
- Sculpt and Lift GuaSha Facial
- 90-min Vagus Nerve Massage

ULTIMATE SERENITY | 4 hours | 💧 \$496 | ≈ \$549

Our exclusive four-hour head-to-toe package is the ultimate escape! Your relaxation and rejuvenation begins with our organic Serenity Signature Facial. It will transform your skin with organic fruits, herbs and spices, a booster serum, corrective peel, and lip and eye treatment! Next you will be whisked away to another world with our ultimate in massage indulgence: our hour and a half Serenity Signature Massage. This blissful massage includes aromatherapy, heated towels compressed on tired, achy muscles, and nourishing apricot oil and volcanic hot stones for your back—all to further relax the mind and body. Your four-hour escape concludes with one of our truly decadent Organic Body Wraps that both feel amazing and leave your skin polished and renewed. This magical escape is all yours without even having to leave Richmond! **This 4-hour spa package includes:**

- 90-min Serenity Signature Massage
- Serenity Signature Facial
- Your choice of any Eminence Body Wrap





Member ≈ Non Member

SEASCAPE JOURNEY | 4 hours | 💧\$420 | ≈\$469

**Exclusively available at our Short Pump or Midlothian locations.*

This head-to-toe relaxation journey features our most luxurious seaweed services and begins with a warm sauna session to ease achy muscles. Following your sauna session, your body is immersed into a warm bath of organic, hand-harvested Atlantic seaweed. Aches and pains are alleviated as your body is then wrapped in the purest, most nutrient-rich seaweed leaf wrap. Skin is left glowing and revitalized. We then guide you through a Soothing Bamboo Massage to soothe and invigorate the body, bringing it back into balance and connecting you to the healing energy of the ocean.

This 4-hour spa package includes:

- 15-min Relaxation Sauna Session
- Seaweed Leaf Wrap
- Lazy Days Seaweed Bath
- 90-min Soothing Bamboo Massage

SERENITY SIGNATURE | 3 hours | 💧\$344 | ≈\$389

This three-hour escape is designed to improve your skin and relax and rejuvenate your mind, body, and spirit! To begin, the skin is indulged with our age-defying Signature Facial. Using the essences of fruit and berry enzymes, your skin is gently exfoliated, firmed and hydrated. Following this amazing facial, your Aromatherapy Massage awaits! Organic and certified pure, therapeutic-grade essential oils are diffused in the air, and applied topically, to enhance your feeling of true wellness. If this isn't enough indulgence for one day, you'll receive a rejuvenating Hand and Foot Reflexology Massage and Luxurious Back Treatment for added bliss.

This 3-hour spa package includes:

- 60-min Aromatherapy Massage
- Serenity Signature Facial
- Hand + Foot Reflexology
- Luxurious Back Treatment

BOTANICAL RETREAT | 3 hours | 💧\$340 | ≈\$379

Indulge in our three-hour botanical paradise and discover the healing power of plants. Your experience begins with our hydrating Stone Crop Body Wrap which includes a deep exfoliation, hydrating wrap and body contouring cream, followed by a 90-minute Flower Essence Massage of your choice to help quiet the mind and uplift the spirit. Your service concludes with volcanic hot stones for the back leaving you relaxed, rejuvenated, and in full bloom! **This 3-hour spa package includes:**

- 90-min Flower Essence Massage
- Stone Crop Body Wrap
- Hot Stones (for the back)

Member ≈ Non Member

ORGANIC BLISS | 2 hours | 💧\$212 | ≈\$239

Begin your blissful journey with our Aromatherapy Massage. Certified pure, therapeutic-grade essential oils are both diffused in the air and applied topically, to enhance your feeling of true wellness. Following your massage, your skin will be treated to our Customized European Facial which envelops your skin with the purest organic ingredients. Your facial includes a Vitamin C Treatment, designed to deliver the purest antioxidants while smoothing the skin. You will leave feeling totally refreshed, relaxed, and simply radiant!

This 2-hour spa package includes:

- 60-min Aromatherapy Massage
- Customized European Facial + Vitamin C Treatment

AROMATIC HARMONY | 2 hours | 💧\$220 | ≈\$249

Escape into aromatic bliss as you enjoy this two-hour sensory experience that begins with your choice of certified pure, therapeutic-grade essential oils which are diffused in the air. Senses are indulged as your body is completely rejuvenated with a deeply exfoliating organic coconut sugar scrub. Essential oils are applied topically during your one-hour massage to enhance the feeling of true wellness. Your massage concludes with soothing hot stones for the back, melting all your tension away.

This 2-hour spa package includes:

- 60-min Aromatherapy Massage
- Coconut Sugar Scrub
- Hot Stones (for the back)

QUIET MIND | 1 hour | 💧\$116 | ≈\$129

Ease your mind with a relaxing full body massage combined with soothing hot stones and apricot oil for your back massage. This one-hour treatment is sure to leave your mind at ease.

This 1-hour spa package includes:

- 60-minute Serenity Massage
- Hot Stones (for the back)
- Warm Apricot Oil



